



Changing careers? Looking for work? **We can help!**



**Our mission is to support, guide, and encourage individuals to reach their career goals.**

Visit our **Job Help Centre & Job Board**: [www.cdspei.ca](http://www.cdspei.ca)

Contact your local CDS office to ask about our **FREE** and **CONFIDENTIAL** services. **Click the links to email or call:**

- Career counselling and planning
- Resumes and cover letters
- Job search and interview preparation
- Information on funding for training and employment
- Free internet access and access to a computer, printer, photocopier, and scanner for job search

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